

Julia Matthews PEN PORTRAIT

I am a working mother of three children. My son started at pre-school last year and is now in reception. I have been really impressed by the school and have been keen to be involved with making it even better. I would support the schools leadership, but wouldn't be afraid to question and challenge when required.

I'm passionate that a child's mental wellbeing should be the centre of everything; poor mental health will only restrict a child's education and development. I have a Psychology degree and I am a wellbeing champion (voluntary role) within my workplace.