

The Rushmere Toolkit

YEAR 1



Lives of others

Year 1

- Ellie Simmonds, Paralympic swimmer
- Oprah Winfrey
- Tom Daley, Olympic diver
- King George VI
- Tamika Catchings



Self Care

Year 1

- Independently change for PE, using zips and buttons
- Clear own tray in the dining hall and wipe up spillages
- Cut up food using a knife and a fork



Art

Year 1

Van Gogh, *Sunflowers* and *The Bedroom*



Music

Year 1

- Fur Elise – Beethoven
- Spring - Vivaldi
- Rock around The Clock – Bill Haley and the Comets



Poetry and books

Year 1

- On the Ning Nang Nong – Spike Milligan
- Mice – Rose Fyleman
- Winter Morning – Ogden Nash



Games & Puzzles

Year 1

- 50 piece puzzle
- Snakes and Ladders
- Noughts and crosses
- Hopscotch



Social Behaviour

Year 1

- Stand up and project voice in assemblies
- Look at the person you are talking to
- Tell an adult at home about your day at school



Local Life

Year 1

- Post a letter
- Locate Ipswich on a UK map



The Wider World

Year 1

- Count to 10 in a different language
- Sign 'Happy Birthday'



Memory Skills

Year 1

- Use a mnemonic to remember the spelling of said: 'Silly ants in dresses'
- Play word game: "I went shopping..."